



# ROLE OF DOCTORS AND MEDICAL STAFF IN COVID-19

**CASE STUDY/INSIGHT**

# ROLE OF DOCTORS AND MEDICAL STAFF IN COVID-19

Doctors, nurses and the other medical staff have been in the frontline since the outbreak of the pandemic Covid-19. They worked day and night to treat the affected patients and minimise the spreading of diseases and damages caused. Medical professionals worked selflessly despite the danger of getting affected with the virus. Due to the possibilities of their families getting infected, doctors and nurses left their homes and isolated themselves in solitary accommodations.

Personal protective equipment (PPE) is an essential thing that the doctors and health workers have been instructed to wear compulsorily to protect themselves from the harmful infection. Wearing of PPE continuously for long hours is very difficult. When we all struggle to wear masks for 2 - 3 hours, won't it be difficult and tiring to wear PPE throughout the day? But they wore it for safety of themselves and ours mainly to serve us.

When all other people were staying at homes due to lockdown, the health workers alone were out of their homes serving for the welfare of people. They sacrificed their personal times with their families and stayed isolated for months together to treat the affected patients. Both the medical professionals as well as their families would have been in pain of missing each other and worried about the wellbeing of each other. The doctors, nurses and other medical staff knew the risks associated with their job during this pandemic. In spite, they worked relentlessly for hours together without even taking breaks.

Many doctors and nurses had gone through dehydration, fatigue and headaches due to the gruelling schedule. Due to their busy schedule of taking care of the patients, many healthcare officials had avoided the intake of fluids to avoid restroom breaks. And some went to the extent of using adult diapers.

Working during the months of April, May and June is never an easy thing. Continuous working at temperatures close to 40 degree Celsius with heavy protective equipment would cause heavy sweating and lead to skin infections such as hyperhidrosis.

# ROLE OF DOCTORS AND MEDICAL STAFF IN COVID-19

Could we just imagine how difficult it might be for the doctors and nurses to work under such difficult physical and working conditions? They have been doing a great job. Isn't?

The healthcare workers gave treatment, confidence and hope to the world. Doctors and other medical staff felt happy for the recovery of their patients. There were medical staff who got infected with corona virus and recovered; while some sacrificed their lives due to covid-19 during their service to the world. We should be really proud to have such selfless doctors, nurses and medical staff who did a fantastic and selfless job.

All the doctors, nurses, cleaning servants and other medical staff are true Warriors. The world will speak of their sacrifices and services to the humanity. Although, there are still cases of Covid-19, the numbers of cases have decreased and slowly returning back to its normal state. It is all due to the hard work and sacrifice of our Medical team. Let us take a minute to salute the medical staff – The Warriors of Covid-19.

