

PRESERVATION OF LAKES: OUR IMMEDIATE RESPONSIBILITY

CASE STUDY/INSIGHT

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Looking for something fun to do? Are you a nature lover? Like to enjoy the beauty and tranquillity of the lake? Then, what are you waiting for? Just get out and enjoy the beauty of a Lake.

Lakes are filled with natural magic. It is one of the most beautiful and expressive features of the landscape. Take a deep breath and enjoy its stillness. It is an inspirational place where ideas flow. It is one of the few places where we can calm down our mind, remain quiet, stay focussed, find inner truth and envision our own future, goals and priorities of life. Lake viewing is an affordable and effective way to combat stress and depression.

When we visit the crystal clear lakes in mountains, we automatically keep our water bottles inside our bag and try to take some clear lake water with two hands and drink it. Correct?

Lakes have intrinsic ecological and environmental values. They provide habitat for many different aquatic and semiaquatic species of plants and animals; provide food for many terrestrial animals; add to the diversity of the landscape; also, support and regulate the services of soil formation, biodiversity, groundwater recharge and protect from flood.

Most commonly, lakes are used for nature viewing, recreation, swimming, boating, fishing, transportation, irrigation, drinking water supply, etc.

It is our responsibility to protect and preserve lakes. Isn't it? Take a strong pledge today to protect and preserve lakes.

