

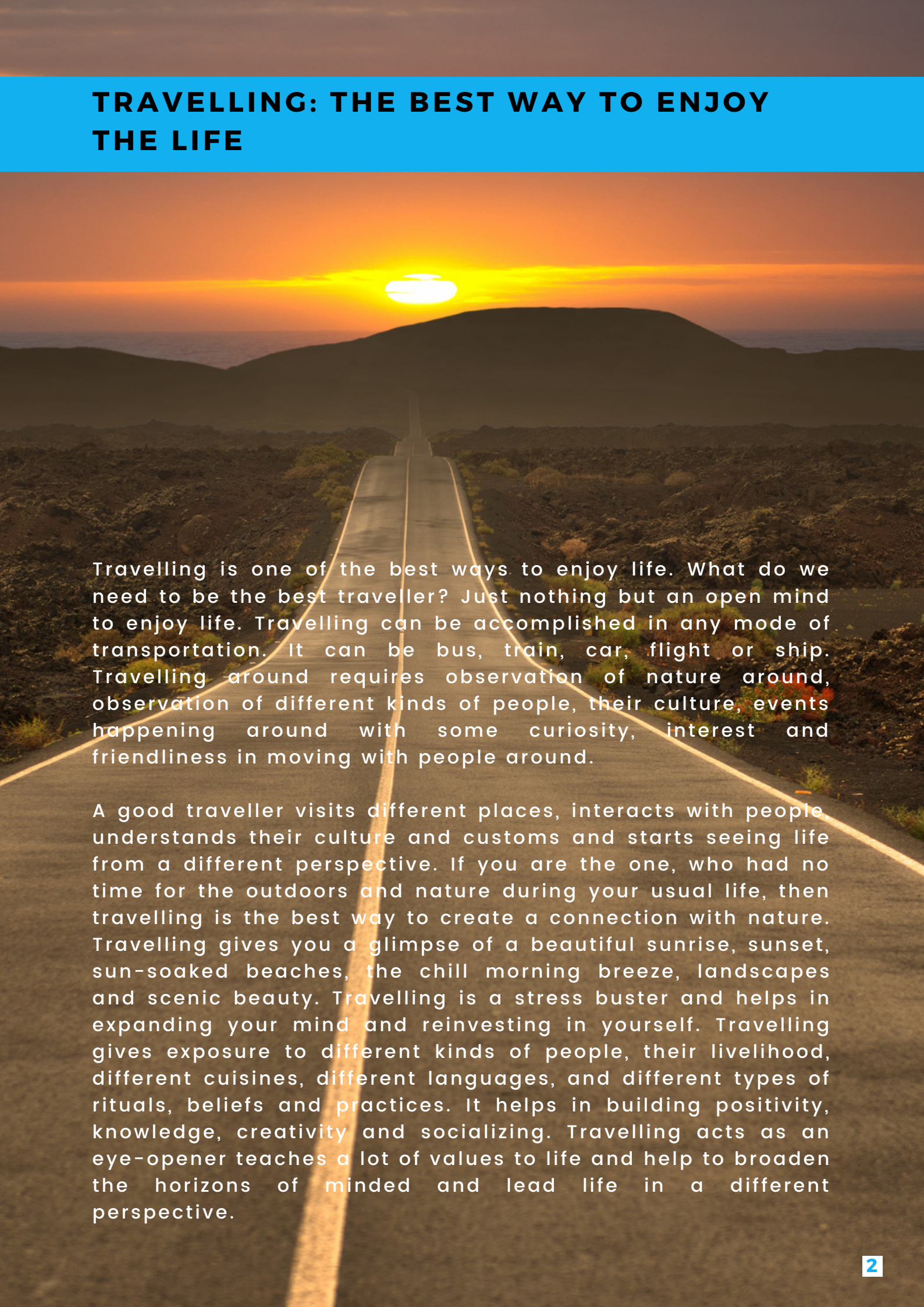
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TRAVELLING: THE BEST WAY TO ENJOY THE LIFE

CASE STUDY/INSIGHT

TRAVELLING: THE BEST WAY TO ENJOY THE LIFE



Travelling is one of the best ways to enjoy life. What do we need to be the best traveller? Just nothing but an open mind to enjoy life. Travelling can be accomplished in any mode of transportation. It can be bus, train, car, flight or ship. Travelling around requires observation of nature around, observation of different kinds of people, their culture, events happening around with some curiosity, interest and friendliness in moving with people around.

A good traveller visits different places, interacts with people, understands their culture and customs and starts seeing life from a different perspective. If you are the one, who had no time for the outdoors and nature during your usual life, then travelling is the best way to create a connection with nature. Travelling gives you a glimpse of a beautiful sunrise, sunset, sun-soaked beaches, the chill morning breeze, landscapes and scenic beauty. Travelling is a stress buster and helps in expanding your mind and reinvesting in yourself. Travelling gives exposure to different kinds of people, their livelihood, different cuisines, different languages, and different types of rituals, beliefs and practices. It helps in building positivity, knowledge, creativity and socializing. Travelling acts as an eye-opener teaches a lot of values to life and help to broaden the horizons of minded and lead life in a different perspective.

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There are passionate travellers around the world who spend most of their life in travelling and exploring. Such people will work very hard for 1 or 2 years, save most of their income and spend it on travelling and again go to work and save money for the next travel. They either travel alone or join with like-minded people and travel in groups.

Most of the travellers usually carry a backpack with all their essentials for travelling. Backpackers' hostels are established all over the world especially for accommodating such ardent travellers. Backpackers' hostel is a form of low-cost, short-term shared sociable lodging where travellers can rent a bed, usually a bunk bed in a dormitory. People from diverse backgrounds and countries will stay in backpackers and hence, it is a great opportunity for socializing. They follow strict rules like maintaining silence and not using lights during sleeping hours. Backpackers' hostels are usually low cost and safe. Also, quick and simple breakfast and hot showers may be available in backpackers' hostels. Travellers usually will know where they would get affordable accommodation and food from their homework and networks. There are many guidebooks available giving all such information needed for travellers. Also, the internet provides all such information to all sorts of travellers.



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One of the biggest benefits of travelling is learning to accept ourselves and accepting other people as they are, despite social, cultural and religious differences. It gives us the vision to respect and treat everyone equally.

Are you someone who loves travelling? Then why wait, just grab your essentials, pack your backpack, list your dream places, start travelling and get indulged!

